

**30<sup>th</sup> ANNUAL**  
**U.S. CENTRAL OPEN**  
**TAEKWONDO CHAMPIONSHIP**



**Events:** Official Poomsae (Forms), Kyorugi (Sparring), Breaking, Couple Poomsae, Team Poomsae, Creative Poomsae, Weapons, Double Roundhouse Kicks (1 min.)  
**Special Needs:** Poomsae, Breaking, & Other Special Events

**October 1, 2022**

**Location: US Central Taekwondo Association Central Gym**  
**10801 S Sunnyslane Rd Oklahoma City OK 73160**

**Competition Begins: 8:30 AM**

**FOR INFORMATION**

**GRANDMASTER WON'S TAEKWONDO**  
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