

2023 Oklahoma State Taekwondo Championships Designated Poomsae for Individual Male and Females.

	Dragon (6-7)	Tiger (8-9)	Youth (10-11)	Cadet (12-14)	Junior (15-17)	Under 30 (18-30)	Under 40 (31-40)	Under 50 (41-50)	Under 60 (51-60)	Under 65 (61-65)	Under 70 (66-70)	Over 70 (71+)
YELLOW BELT	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS
	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2
	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
GREEN BELT	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2
	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS
	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 4	Taegeuk 4	Taegeuk 3	Taegeuk 4
BLUE BELT	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS
	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 4	Taegeuk 4	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 3
	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
RED BELT	Taegeuk 5	Taegeuk 5	Taegeuk 6	Taegeuk 5	Taegeuk 5	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 6
	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS
	Taegeuk 7	Taegeuk 7	Taegeuk 8	Taegeuk 7	Taegeuk 8	Taegeuk 7	Taegeuk 7	Taegeuk 8	Taegeuk 8	Taegeuk 7	Taegeuk 7	Taegeuk 8
BLACK BELT	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 5	Taegeuk 6	Taegeuk 5	Taegeuk 6	Taegeuk 6	Taegeuk 5
	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY	PRELIMINARY
	Taegeuk 7	Taegeuk 7	Taegeuk 7	Taegeuk 8	Taegeuk 7	Taegeuk 8	Taegeuk 8	Taegeuk 7	Taegeuk 7	Taegeuk 8	Taegeuk 8	Taegeuk 7
	Taegeuk 2	Taegeuk 3	Taegeuk 3	Keumgang	Taebaek	Taegeuk 7	Keumgang	Taegeuk 8	Jitae	Cheongkwon	Hansu	Sipjin
	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS	SEMI-FINALS
Taegeuk 4	Taegeuk 5	Taegeuk 6	Taegeuk 7	Taegeuk 6	Pyongwon	Koryo	Pyongwon	Sipjin	Taebaek	Keumgang	Hansu	
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	
Taegeuk 8	Taegeuk 7	Koryo	Koryo	Taegeuk 5	Keumgang	Taegeuk 8	Cheongkwon	Keumgang	Hansu	Sipjin	Jitae	
Taegeuk 5	Taegeuk 4	Taegeuk 7	Taegeuk 6	Koryo	Taebaek	Sipjin	Jitae	Hansu	Koryo	Taebaek	Keumgang	

Any division with 20 or more competitors begins in the Preliminary Round
 Any division with 9-19 competitors advances to the Semi-Finals Round
 Any division with less than 8 competitors advances straight to the Final Round

**2023 Oklahoma State Taekwondo Championships Designated Poomsae
for Pairs Division**

	Youth Pairs (10-11)	Cadet Pairs (12-14)	Junior Pairs (15-17)	1st Pairs (18-30)	2nd Pairs (31+)	Over 50 Pair (50+)
PRELIMINARY	Taegeuk 3	Taegeuk 4	Taegeuk 6	Taegeuk 8	Jitae	Taebaek
SEMI-FINALS	Taegeuk 8	Keumgang	Taegeuk 7	Taebaek	Sipjin	Pyongwon
FINALS	Taegeuk 5	Koryo	Keumgang	Pyongwon	Cheongkwon	Jitae
	Koryo	Taegeuk 8	Taebaek	Keumgang	Koryo	Sipjin

**2023 Oklahoma State Taekwondo Championships Designated Poomsae
for Male Teams and Female Teams**

	Youth Teams (10-11)	Cadet Teams (12-14)	Junior Teams (15-17)	1st Teams (18-30)	2nd Teams (31+)	Over 50 team (50+)
PRELIMINARY	Taegeuk 6	Taegeuk 8	Taegeuk 7	Keumgang	Keumgang	Jitae
SEMI-FINALS	Taegeuk 5	Koryo	Taebaek	Pyongwon	Cheongkwon	Koryo
FINALS	Taegeuk 4	Keumgang	Keumgang	Taebaek	Sipjin	Keumgang
	Koryo	Taegeuk 5	Taegeuk 8	Koryo	Jitae	Cheongkwon