



Oklahoma State Taekwondo Association
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Subject: 2024 OSTA Taekwondo Poomsae Seminar

April 23, 2024

To: Grandmasters, Masters, Instructors, and students of all levels

We would like to invite you and your students to the upcoming Poomsae Seminar directed by Grandmaster James Park and Grandmaster Giseon Kim. **This seminar is open to all Taekwondo masters, instructors, and students of all levels.**

Two Grandmasters will be conducting the seminar to ensure you have the most up-to-date knowledge to take back with you to your schools and to win in future competitions. As you may know, Poomsae competition is gaining in popularity around the world with new emphasis on technique and scoring methods. The seminar will cover techniques and rules, and how to get a good score. This will help you prepare for USAT nationals in Dallas and AAU nationals in Florida this summer. **Each participant will receive a certificate of participation.**

This seminar will be held Saturday **May 18, 2024**, at the US Central Taekwondo Association Headquarters (main gym), 10801 S. Sunnyslane, Oklahoma City, OK 73160. There will be two 3-hour sessions beginning at 9:30 am with a break in between. From 9:30 am to 12:30 pm the seminar will focus on color belt forms. Then there will be a lunch break from 12:30-1:30. From 1:30 to 4:30 pm will focus on black belt forms. Masters, instructors, and black belts may attend both sessions for \$50. Color belts may attend the morning session for \$35.

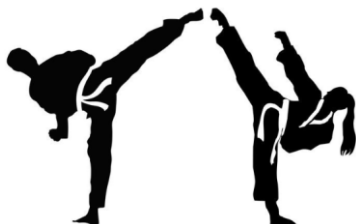
Grandmaster James Park and Grandmaster Giseon Kim are both U.S. Poomsae Team members and are champions at many national and international poomsae competitions. Both are certified Poomsae International Referees and have their Kukkiwon 9th Dan.

Don't miss this opportunity to learn from the finest so that you may be part of the movement to increase the status of Taekwondo Poomsae for Oklahoma and the USA. Space is limited to the first 50 participants. Please call me if you have any questions. I hope to see you at the seminar in May.



Sincerely,

Great Grandmaster In Hui Won
President, Oklahoma State Taekwondo Association



Grandmaster
James Park



Grandmaster
Giseon Kim